

A photograph of an art classroom where several people are painting on easels. The room has large windows showing a snowy outdoor scene. The artist in the foreground is wearing a striped shirt and is focused on her work. The background shows other students and an instructor, all engaged in their art projects. The overall atmosphere is creative and collaborative.

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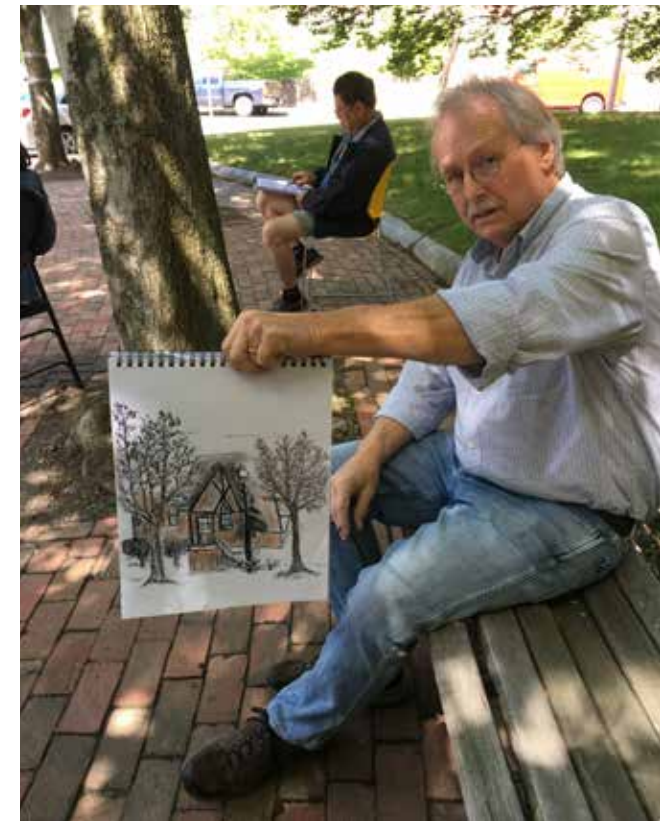
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TEACHER PORTFOLIO ART CLASSES FOR ADULTS

MY ART CLASSES ARE MOSTLY FOCUSED ON:

- Observation, memory and invention as the sources of inspiration
- Color theory
- Visual art genres (portrait, still life, landscape, etc.)
- Studying perspective and rendering 3D objects
- Fundamentals of composition
- Art vocabulary and main persons in art history
- Exploring new materials and techniques



OBSERVATIONAL DRAWING

Photos from the *Drawing Fundamentals* and *Intermediate Drawing* classes at Arligton Senior Center, Arlington, MA, 2016-2023

Drawing is a skill that can be learned and developed. It is the foundation of all studio art practices. Observation not only improves drawing but also allows us to see the world around us in a richer and more detailed way. These classes are designed for those who want to further develop their performance drawing skills or start learning the basics (shapes, forms, values, spaces, and proportions) and overcome any doubts about their ability to draw accurately and confidently.



ACRYLIC PAINTING: STILL LIFE FROM OBSERVATION

Photos from the *Acrylic Painting* classes at Arlington Community Education and at my studio in Belmont, 2017-2019

It's never too early or too late to start painting from observation. Working on still-life compositions (fruits, flowers, household objects, draperies, etc.) helps to look for shapes, find colors and generally process visual information and turn it into a representational painting.



PAINTING: VARIOUS TECHNIQUES

Photos from the painting classes at Arlington Community Education and at my studio in Belmont, 2017-2019

Classes on color theory help develop essential painting skills, such as the proper way to use different kinds of paints and brushes. Students learn about the color wheel, primary colors, warm and cool colors, and color contrast. They also experiment with color mixing. Subject matter varies from real-life objects to abstracts.

In the classroom, we use acrylic paints, oil pastels, and watercolors, sometimes combined with wax crayons and watercolor pencils. It's a perfect way to experiment with materials.



Learn about layering the colors



Mixing shades and tints



Pouring acrylics techniques



Learn to paint various textures

ACRYLIC PAINTING: LANDSCAPES

Photos from the painting classes at Arlington Community Education, 2015-2023, Munroe Center for the Arts, Lexington, MA, 2016-2017, and at my studio in Belmont, MA, 2017-2019

In these painting classes, students learn how to paint colorful landscapes from life and photo references. They study proportion, the basics of composition, color mixing, perspective, and more. They create paintings of forests, coastal and rural scenes, as well as cityscapes. That type of class is suitable for all levels - from absolute beginners to seasoned artists.



BOTANICAL ART

Photos from the *Botanical Art* classes at Arlington Community Education, Arlington, MA, 2016-2023, and from my studio in Belmont, MA, 2017-2019

In botanical art, plants are a subject of art. The emphasis is on the beauty and personality of the plants, both using pictures and live subjects. The completed "portraits" of flowers or fruits can be printed on postcards and calendars as exemplary gifts for students' loved ones. The main materials for these classes are colored pencils and watercolor paints.



PAINING WITH PASTELS

Photos from the *Painting with pastels* classes at Arlington Community Education, Arlington, MA, 2016-2022, and from my studio in Belmont, MA, 2017-2019

Students learn about various soft pastel techniques as they draw natural objects from observation and references. They practice blending, hatching, and mixing colors. Soft pastels are very easy to use, and provide vibrant colors, while being easy to apply and blend.



NEEDLE FELTING

Photos from *Needle Felting* classes and workshops at Munroe Center for the Arts, Lexington, MA, 2016-2018, Fuller Craft Museum, Brockton, MA, 2016-2017, Arlington Community Education, 2016-2019, Brookline Adult Education Center, 2018, and Belmont, MA, 2018-2019.

Needle felting is an excellent fun fiber arts activity that exercises students' fine motor skills, creativity, and concentration. It's very simple and relaxing. Using special barbed needles, students can turn unspun wool into miniature sculptures. Project themes vary depending on student interests and may include wool pets, flowers, jewelry, and fiber figurines.



STUDENTS' ART SHOWS

